



## SERMON BASED STUDY GUIDE

Pastor Charlie Riley

Victory Through Submission: Lessons from Gethsemane

### OPENING & PRAYER:

In today's message, we explored the profound significance of the Garden of Gethsemane and its connection to the Garden of Eden. We began by reflecting on the series theme of victory, emphasizing how Jesus has secured victory over temptation and religion. This week, we delved into how Jesus restored what Adam lost, focusing on the events in the Garden of Gethsemane. This garden, a place of pressing and crushing, symbolizes the intense struggle Jesus faced as He prepared to take on the sins of the world. Unlike Adam and Eve, who chose their will over God's, Jesus submitted to the Father's will, demonstrating ultimate obedience and sacrifice.

*"Father, as we study temptations and what Jesus went through, show us where we may fall short so we may grow in those areas. We know You fill that gap and we thank You for it. Be exposed to those that work against us and speak to us as we begin to identify and fight with Your Word. In Jesus' name we pray, Amen."*

## SCRIPTURE:

*Coming out, He went to the Mount of Olives, as He was accustomed, and His disciples also followed Him when He came to the place, He said to them, "Pray that you may not enter into temptation." Luke 22:39-40*

*And He was withdrawn from them about a stone's throw, and He knelt down and prayed, saying, "Father, if it is Your will, take this cup away from Me; nevertheless not My will, but Yours, be done." Luke 22:41-42*

*Then an angel appeared to Him from heaven, strengthening Him. And being in agony, He prayed more earnestly. Then His sweat became like great drops of blood falling down to the ground. Luke 22:43-44*

*When He rose up from prayer, and had come to His disciples, He found them sleeping from sorrow. 46 Then He said to them, "Why do you sleep? Rise and pray, lest you enter into temptation." Luke 22:45-46*

*And while He was still speaking, behold, a multitude; and he who was called Judas (Praise), one of the twelve, went before them and drew near to Jesus to kiss Him. 48 But Jesus said to him, "Judas, are you betraying the Son of Man with a kiss?" Luke 22:47-48*

*When those around Him saw what was going to happen, they said to Him, "Lord, shall we strike with the sword?" 50 And one of them struck the servant of the high priest and cut off his right ear. Luke 22:49-50*

*But Jesus answered and said, "Permit even this." And He touched his ear and healed him. Luke 22:51*

*Surely He has borne our griefs (Sicknesses) And carried our sorrows (Pains); Yet we esteemed Him stricken, Smitten by God, and afflicted. But He was wounded (Pierced Through) for our transgressions, He was bruised (Crushed) for our iniquities; The chastisement for our peace was upon Him, And by His stripes (Bruises and Wounds) we are healed. Isaiah 53:4-5*

*And not only that, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received the reconciliation. 12 Therefore, just as through one man sin entered the world, and death through sin, and thus death spread to all men, because all sinned—For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life. Romans 5:10-12*

*41 Now in the place where He was crucified there was a garden, and in the garden a new tomb in which no one had yet been laid. 42 So there they laid Jesus, because of the Jews' Preparation Day, for the tomb was nearby. John 19:41-42*

## GO DEEPER:

We examined the parallels between the two gardens, highlighting how Adam and Eve's choices brought separation and death, while Jesus' choice in Gethsemane brought life and reconciliation. Jesus' prayer in the garden, "Not my will, but yours be done," contrasts with Adam and Eve's decision to follow their desires. This act of submission was not one of uncertainty but a conscious choice to fulfill God's redemptive plan. Jesus' agony and the physical manifestation of sweating blood underscore the weight of this decision, yet He remained steadfast.

The Garden of Gethsemane teaches us about the power of prayer and the importance of aligning our will with God's. Jesus' victory in the garden was a precursor to His ultimate victory over sin and death, achieved through His crucifixion and resurrection. As we approach Easter, we are reminded of the hope and reconciliation that Jesus' sacrifice brings to all who believe in Him. By choosing God's will over our own, we can experience the fullness of life and relationship with Him.

## KEY TAKEAWAYS:

- **Victory Through Submission:** Jesus' choice to submit to God's will in the Garden of Gethsemane contrasts with Adam and Eve's decision to follow their desires. This act of obedience highlights the importance of aligning our will with God's to experience true victory. [13:06]
- **The Power of Prayer:** In Gethsemane, Jesus prayed earnestly, demonstrating the necessity of prayer in times of struggle. Unlike Adam and Eve, who did not seek God's guidance, Jesus' prayerful submission led to divine strength and victory. [17:27]
- **Redemption Through Suffering:** Jesus' suffering in the garden, symbolized by His sweating blood, reflects the intense spiritual battle He faced. This act of pressing was necessary for our blessing, as it paved the way for our redemption and reconciliation with God. [24:42]
- **Hope Restored:** While Adam and Eve's choices in Eden led to hopelessness, Jesus' decision in Gethsemane restored hope for all who believe. His willingness to take the cup of suffering demonstrates the depth of His love and the hope we have in Him. [34:28]
- **Living in Victory:** By choosing God's will and seeking His guidance, we can live in the victory that Jesus secured. The Garden of Gethsemane teaches us to rely on God's strength and to trust in His plan, leading to a life of purpose and fulfillment. [38:46]

## LEARNING AND GROWING:

1. According to the sermon, what was the significance of Jesus' prayer, "Not my will, but yours be done," and how does it relate to the theme of victory through submission? [\[13:06\]](#)
2. How does the physical manifestation of Jesus sweating blood in the Garden of Gethsemane highlight the intensity of His spiritual struggle? [\[17:27\]](#)
3. How does Jesus' choice to submit to God's will in the Garden of Gethsemane serve as a model for believers facing their own struggles and temptations? [\[13:06\]](#)
4. Consider your current prayer life. How can you incorporate more earnest and intentional prayer, as Jesus did in Gethsemane, to seek strength and guidance during challenging times? [\[17:27\]](#)
5. Reflect on the parallels between the Garden of Eden and the Garden of Gethsemane. How can understanding these contrasts help you make better choices in your spiritual journey? [\[38:46\]](#)

## CLOSING PRAYER:

*"Father, we thank You for Your Word and guidance. We know our Identity is wrapped in You, but the devil is a liar. Shine light on the darkness that tries to tempt us away from You. As we continue to study Your Word throughout this week, let us be that light to those around us and they too will come to grow closer to You as they fight their battles. In Jesus' name we pray, Amen."*